## HOW TO WRITE

# An Environmental Pledge

## CONNECT

Feel into your gratitude, as well as any remorse, regret, or grief.

Ho'oponopono

## REFLECT

Make a statement of character.

Ex: "Because I am \_\_\_\_\_, I am willing to \_\_\_\_\_..."

a mother / brave / responsible / furious/ concerned...

sacrifice / protect /
donate / advocate...



## PROMISE

I promise to...
I commit to...
I pledge...
I will always...



TODAY IS THE BEST DAY TO BEGIN.